



Breastfeeding Coalition
of Delaware

Guide to Breastfeeding Support Resources in Delaware

August 2013

Breastfeeding Coalition of Delaware, Inc.
P.O. Box 62, Lewes, DE 19958
info@delawarebreastfeeding.org
www.delawarebreastfeeding.org

Hospitals & Birth Centers

Bayhealth - Kent General Hospital

640 South State Street, Dover, Delaware
(302) 674-4700

<http://www.bayhealth.org>

Center for Women and Infants: (302) 744-7226

Delivery Hospital: Yes

Lactation Consultant: (302) 744-7233

Lactation Pump Rental: \$20/week; \$60/month
(Gift Shop)

Lactation Pump Sale: Yes (Gift Shop)

Outpatient Services: Free

Breastfeeding warm line: (302) 744-7233

Breastfeeding classes: Free; register online at

www.bayhealth.org "Events/Classes" tab

Support Group: 1st & 3rd Tuesday of every
month at 10:00 am

Bayhealth - Milford Memorial Hospital

21 West Clarke Avenue, Milford, Delaware
(302) 422-3311

<http://www.bayhealth.org>

Center for Women and Infants: (302) 430-5739

Delivery Hospital: Yes

Lactation Consultant: (302) 744-6812

Lactation Pump Rental: No

Lactation Pump Sale: No

Consulting Services: Free, call (302) 744-6812

Breastfeeding warm line: (302) 744-7233

Breastfeeding classes: Free; register online at

www.bayhealth.org "Events/Classes" tab

Support Group: 2nd Tuesday of every month at
10:00 am, located in Rehab Conference
Room

Beebe Medical Center**

424 Savannah Rd, Lewes, DE
(302) 645-3300

<http://www.beebemed.org>

Delivery Hospital: Yes

Lactation Consultant: (302) 645-3577

Lactation Pump Rental: Medela Symphony
\$50/month

Lactation Pump Sale: Yes (Medela products)

Outpatient Services: By appointment, free for
Beebe maternity patients; \$25 for non-
patients

Breastfeeding warm line: (302) 645-3577

Breastfeeding classes: Yes, prenatal classes 1st
Wednesday of every month 5pm-6pm

The Birth Center

1508 W. 7th Street, Wilmington, DE 19805
(302) 658-2229

<http://www.thebirthcenter.com>

Birth Center: Yes

Lactation Consultant: Katie Madden, RN, BSN,
IBCLC - (302) 658-8321

Email: breastfeeding@thebirthcenter.com

Lactation Pump Rental: Medela Symphony
Hospital Grade Double Electric Breast pump
\$55/month; \$50 for attachment kit (DE
Medicaid can apply to get a Double Electric
Breast pump)

Outpatient Services: Yes, Insurance accepted

Breastfeeding warm line: (302) 658-8321

Breastfeeding classes: \$20, select Tuesdays
from 5-7, register online

<http://www.thebirthcenter.com>

Support group: Free, Fridays 1pm – 3pm

***Provides services in Spanish*

Christiana Care Health System**

Christiana Care Maternity
4755 Ogletown-Stanton Road, Newark, DE
19718
(302) 733-2408
<http://www.christianacare.org/>
Lactation Consultant: (302) 733-3360
Lactation Pump Rental: Ameda Elite \$30/week;
\$60/month; \$40 deposit; \$50 pump kit
Lactation Pump Sale – Yes
Outpatient Services – Tues, Thurs, \$90/hour
Individual, on site
Breastfeeding classes: \$30, call (302) 733-2472
to register. For more info, visit:
www.christianacare.org/BreastfeedingSupport
Support Group: Free, Mondays 2-3 pm
Breastfeeding Warm Line: (302) 733-3360; M-F,
8:30am-4:00pm
WIC Breastfeeding Peer Counselor Hotline:
(302) 733-4151
Christiana Care Breastfeeding Support Website:
www.christianacare.org/BreastfeedingSupport

**Nemours/Alfred I. duPont Hospital for
Children****

1600 Rockland Road
Wilmington, DE 19803
(302) 651-4000
<http://www.nemours.org>
Delivery Hospital: No
Lactation Consultant: (302) 685-9119
Lactation Pump Rental: No
Lactation Pump Sale: Yes
Outpatient Services: Free for Nemours patients
Breastfeeding Classes: No

Nanticoke Memorial Hospital

801 Middleford Road, Seaford, DE 19973
(302) 629-6611
<http://www.nanticoke.org>
Lactation Consultant: (302) 629-6611 x2234
Lactation Pump Rental: No
Lactation Pump Sale: No
Outpatient Services, Free, call for appointment
Breastfeeding classes: Call (302) 629-6611
x2540
Mother and Baby Center: (302) 629-6611 x2540
Delivery Hospital: Yes

St. Francis Hospital

701 North Clayton Street, Wilmington, DE
19805
(302) 421-4100
<http://www.stfrancishealthcare.org>
Obstetrics/Gynecology: (302) 421-4775
Delivery Hospital: Yes
Lactation Consultant: Yes
Lactation Pump Rental: No
Lactation Pump Sale: No
Breastfeeding Classes \$15; Mondays 7-9 pm
Call (302) 421-4848 for more info

***Provides services in Spanish*

Baby-Friendly Hospital Initiative

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit <http://www.babyfriendlyusa.org/eng/index.html>.

Hospitals working on Baby-Friendly designation include:

Beebe Medical Center

Christiana Care Health System

St. Francis Healthcare

Kent General Hospital

Milford Memorial Hospital



Community Resources

Delaware Division of Public Health—Smart Start**

This program provides in-home prenatal services to Medicaid eligible expectant women as well as services in Spanish. For more information, visit <http://dhss.delaware.gov/dph/chs/chssmartstart.html>.

Macy Helminiak, RN, BSN,
IBCLC
(302) 424-7130
Milford State Service Center
253 N.E. Front Street
Milford, DE 19963

Carol Saint, BSN, IBCLC
(302) 857-5197
James Williams State Service
Center
805 River Road
Dover, DE 19901

P.D. Gordon
(302) 283-7168
Chopin Building
258 Chapman Rd.
Newark, DE 19702

Delaware WIC Program**

This program provides lactation support and encouragement to all WIC eligible prenatal and breastfeeding mothers. The services are provided at all 11 WIC clinics in Delaware. WIC employs 2 full-time and 5 part-time employees dedicated to breastfeeding promotion and support. This program also provides services in Spanish. For more information, visit:

<http://dhss.delaware.gov/dph/chca/dphwichominf01.html>

Ida Lewis, IBCLC
Breastfeeding Coordinator-Kent & Sussex
Counties
(800) 222-2189

Desiree Garcia, IBCLC
Breastfeeding Coordinator- New Castle County
(800) 222-2189

***Provides services in Spanish*

Delaware WIC Breastfeeding Peer Counselor Community Partners

The WIC Program also contracts with two hospitals and two community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

Bayhealth

<http://www.bayhealth.org>

Kent General Hospital
640 South State Street Dover, Delaware
19901
(302) 744-7233

Westside Family Healthcare**

<http://www.westsidehealth.org>

1802 W. Fourth Street
Wilmington, DE 19805
(302) 655-5822
and

27 Marrows Road
Newark, DE 19713
(302) 455-0900

Christiana Care Health System

<http://www.christianacare.org/BreastfeedingSupport>

WIC Breastfeeding Peer Counselor
Hotline: (302) 733-4151

Latin American Community Center**

<http://www.thelatincenter.org>

403 North Van Buren Street
Wilmington, DE 19805
(302) 655-7338

La Red Health Center**

This community health center provides breastfeeding classes and information for patients.

505 W Market Street
Georgetown, DE 19947
(302) 855-1233
www.laredhealthcenter.org

La Leche League

Has provided mother to mother breastfeeding support for over 55 years! For information on meeting locations, days and times, check out our calendar and contact information at <http://www.llofmd.de.dc.org>. LLL is a 501c-3 national non-profit organization. Our LLL Leaders are accredited volunteers. We welcome your phone calls and questions. A yearly membership of \$40 is requested but not required to attend meetings. Find local groups on Facebook; contact a leader for information.

LLL of the Mid-Shore

Melanie: (410) 490-1553; Leader for Northern QA & Kent, MD; New Castle, DE
melanietarr@verizon.net

***Provides services in Spanish*

LLL of Salisbury & Lewes

Michelle: (302) 542-0508; Leader for Wicomico and Worchester, MD; Sussex, DE
michelle.mcintire@state.de.us

LLL of Central Delaware

Heather: (302) 242-7668; Leader for Central Kent County, DE
myeclecticlife@gmail.com

LLL of Northern Delmarva – New Castle County

Melanie: (410) 490-1553
Shannon C: (302) 239-5209
Shannon B: (256) 975-3932

Nursing Mothers, Inc.

This volunteer organization provides mother-to-mother support, breastfeeding classes, counseling, and counselor training.

Jen Lopez, Breastfeeding Counselor

Counsels new moms on breastfeeding. Trains counselors via phone or email.

PO Box 5462, Wilmington, DE 19808

Breastfeeding Warm Line: 1-866-733-4NMI (4664)

Website: <http://www.nursingmoms.org>

Email: info@nursingmoms.org

Private Practice Lactation Consultants

Brandywine Pediatrics

Karin DiSanto, IBCLC & Angela Leonard, IBCLC

Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900

(302) 478-8854

Specialties: Basic breastfeeding technique and management. Serve primarily patients of Brandywine Pediatrics. Available to patients from other practices on a limited basis. Rent and sell Medela and Ameda breast pumps and Medela scales. Nursing bras and breastfeeding equipment for sale

Carri L. Davis, IBCLC

Lewes, DE

(302) 745-4225

Angela Leonard, IBCLC

(610) 299-8290

Specialties: Basic breastfeeding technique and management; multiples, postpartum doula
Home visits – Serving northern Delaware

Mona Liza Hamlin, BSN, RN, IBCLC

Breast for Baby

Newark, Delaware

(302) 690-6714

Specialties: Preemies and surgical specialties. Services provided via in home visits to Newark, Hockessin, Greater Wilmington and Brandywine Valley.

Tracy Stadter RN, IBCLC

Newark, DE. (302) 235-5678

Specialties: Neurological, special needs, and Down Syndrome, general breastfeeding concerns. Home visits and private office. Serves DE, NJ, PA, MD. Rents and sells Medela and Ameda breast pumps. Lactation accessories including bras, pillows and breast pump supplies for sale.

Websites

Breastfeeding Coalition of Delaware, Inc.: <http://www.delawarebreastfeeding.org>

Maryland Breastfeeding Coalition: <http://www.marylandbreastfeedingcoalition.org/>

New Jersey Breastfeeding Coalition: <http://www.breastfeedingnj.org/>

Pennsylvania Breastfeeding Coalition: <http://www.pabreastfeeding.org/>

U.S. Department of Health & Human Services Office on Women's Health:

<http://www.womenshealth.gov/breastfeeding/>

Virginia Breastfeeding Taskforce: <http://www.vabreastfeeding.org/>

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Information is current as of August 2013 and subject to change without notice.

Please contact resources directly for current information.

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