# The DPH Bulletin

#### From the Delaware Division of Public Health

October 2017







Governor John Carney received his 2017 flu shot from Delaware Health and Social Services Secretary Dr. Kara Odom Wallker, right. The Division of Public Health (DPH) urges all Delawareans 6 months of age and older to get an annual flu shot as soon as possible. DPH's Oct. 10 drive-thru flu clinic on the DelDOT campus in Dover administered flu shots to 850 people, including Patricia Wilmer, top left, and Sharon Robertson, holding Smokey. DPH offers free flu shots at many statewide locations. View the few clinic schedule at flu.delaware.gov; visit <a href="https://www.flu.gov">www.flu.gov</a> to find mapped clinics in your area; or call DPH at 888-282-8672. Photos by Donna Sharp.

### **Drug Take-Back Day arrives Oct. 28**

On October 28 from 10:00 a.m. to 2:00 p.m., Delawareans can anonymously drop off their unused drugs at sites across the state. For a list of sites participating in National Drug Take-Back Day, visit <u>delawarehealthyhomes.org</u>. Permanent collections sites are also listed there. If you or a loved one is struggling with addiction, visit <u>www.helpisherede.com</u> or call 800-652-2929 in New Castle County or 345-6785 in Kent and Sussex counties.

## **Diabetes Wellness Expo is Nov. 14**

The Delaware Diabetes Coalition is holding the 16<sup>th</sup> annual Diabetes Wellness Expo on November 14, from 9:00 a.m. to 3:00 p.m. at the Dover Downs Conference Center, at 1131 N. DuPont Hwy., Dover, DE 19901. It is free and lunch is provided at no cost on a first come, first served basis. Screenings include blood glucose, blood pressure, foot care, and eye exams.



### **Georgetown WIC office relocates** to La Red Health Center for clients

The Georgetown office of the Delaware Women, Infants and Children (WIC) Supplemental Nutrition Program relocated from the Thurman Adams State Service Center to La Red Health Center at 21444 Carmean Way in Georgetown, DE in the College Park Shopping Center.

DPH and La Red Health Center had a shared vision to offer WIC clients medical and social services under one roof. At the new location, pregnant women, new mothers, and young children enrolled in WIC can more easily access health care and other social services. La Red Health Center offers transportation and is on the bus route and within walking distance to Wal-Mart and Redner's, both WIC vendors. The center reduces language barriers with interpreters and a language line.

Delaware WIC serves nearly 19,000 women who are pregnant, breastfeeding, or postpartum, and children and infants less than 5 years old. For more information about WIC, visit

http://dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html or call 302-424-7220 (Kent and Sussex counties) and 302-283-7540 (New Castle County).



Officials held a ribbon cutting on September 28 to welcome the Georgetown offices of the Delaware Women, Infants and Children (WIC) Supplemental Nutrition Program to La Red Health Center, located at 21444 Carmean Way, Georgetown, DE. The Federally Qualified Health Center provides affordable care to Delawareans in need. Pictured in the front center are speakers Brian Olson, Chief Executive Officer, La Red Health Center; Division of Public Health Director Dr. Karyl Rattay; and Patricia Dombroski, Regional Administrator, USDA Food and Nutrition Service, Mid-Atlantic Regional Office.