

The DPH Bulletin

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DPH launches My Healthy Community

Delawareans can now assess the overall health of their communities on one central platform. The My Healthy Community data portal, launched by the Division of Public Health (DPH), delivers neighborhood-focused population health, environmental, and social determinant of health data. Users can navigate the data at the smallest geographical area available, and explore factors that influence health.

Air quality data, asthma incidence data, public and private drinking water results, and drug overdose and death data are currently available. Additional categories and data indicators will be added over the next several months.

"The portal will allow communities, governments and stakeholders to better understand the issues that impact our health, determine priorities, and track progress," said Delaware Department of Health and Social Services (DHSS) Secretary Dr. Kara Odom Walker.

"Addiction, air quality, chronic disease and drinking water quality impact every one of us," said DPH Director Dr. Karyl Rattay. "When communities become aware of the level at which these issues are occurring in their neighborhoods, it can spur action that can improve the quality of life for current and future generations."

My Healthy Community came to fruition through a partnership between DPH, the Department of Natural Resources and Environmental Control, the Division of Substance Use and Mental Health (DSAMH), and the Delaware Health Care Commission.

Access the My Healthy Community data portal at MyHealthyCommunity.dhss.delaware.gov.



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health

Behavioral Health Consortium seeks to eliminate mental health and addiction stigmas with campaign

May is Mental Health Awareness Month. In Delaware, more than 30,000 adults, over 9,000 adolescents, and greater than 82 percent of the state prison population, struggle with mental health or addiction issues, according to the Behavioral Health Consortium (BHC).

A new communications campaign by the BHC aims to help Delawareans struggling with mental health challenges or addiction connect with resources and support services.

DHSS Secretary Dr. Kara Odom Walker, DSAMH Director Elizabeth Romero, New Castle County Police, and others joined BHC Chair Lieutenant Governor Bethany Hall-Long when the campaign was unveiled May 6 at Christiana Mall.

"Approximately every 22 hours we are losing a Delawarean to a fatal overdose," said Lt. Governor Hall-Long. "We all know someone who is affected by mental health challenges or addiction, and each day we feel the impact that they make on the well-being and future prosperity of Delaware. We have to take measurable action if we want to reverse these disheartening statistics, and start saving lives. The bottom line is no one has to struggle alone."

The campaign includes signage, posters, and floor and bathroom clings at supermarkets, liquor stores, bars and restaurants; bus shelter cards, and print, radio and social media ads.

Materials carry the powerful message, "Mental health and addiction don't discriminate. We have the resources to help."



Those struggling with mental health or addiction should:

- Visit HelpsHereDE.com
- Call 800-652-2929 in New Castle County
- Call 800-345-6785 in Kent and Sussex counties.