



## Delaware Weekly Influenza Report

### MMWR Week 40 (October 4 – 10, 2015)

### Delaware Division of Public Health

#### National Influenza Synopsis 2015-2016:

National data are updated Friday of each week. Please visit <http://www.cdc.gov/flu/weekly/> for the most current information. During MMWR Week 40 (October 4 – 10, 2015) influenza activity was low in the United States. For geographic spread, 21 states and the U.S. Virgin Islands reported no influenza activity, 27 states and Puerto Rico reported sporadic activity, one state reported local activity and one state reported regional activity. Guam reported widespread activity. The District of Columbia did not report. Both national and state data are provisional and subject to change as additional reports are received.

#### Delaware Influenza Surveillance 2015-2016:

During MMWR Week 40, which marks the beginning of the official 2015-2016 flu season, there was one laboratory-confirmed cases of influenza reported among Delaware residents. Reports of influenza-like illness (ILI) received from participating providers, facilities and institutions in Delaware show ILI is 0.1% and Delaware's 2015-2016 baseline is 1.8%. Nationally, ILI is 1.2% and the 2015-2016 national baseline is 2.1%.

#### Level of Influenza Activity in Delaware, MMWR Week 40:

<b>Sporadic</b>	Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.
Influenza-like illness (ILI) is defined as patients presenting with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.	
<p><b>No Activity:</b> No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.</p> <p><b>Sporadic:</b> Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.</p> <p><b>Local:</b> Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.</p> <p><b>Regional:</b> Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.<sup>3</sup></p> <p><b>Widespread:</b> Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.</p>	

<sup>1</sup> 2015-2016 Region 3 (DE, DC, MD, PA, VA and WV) baseline = 1.8%.

<sup>2</sup> Laboratory-confirmed case = case confirmed by viral culture or PCR.

<sup>3</sup> Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to states with ≤ four counties.

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**Table 1a. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by subtype (A) or lineage (B)<sup>3</sup>, Delaware 2015-16**

Confirmed Flu Cases by Subtype / Lineage		Week 40	YTD	YTD Total	YTD County %
STATEWIDE	A / 2009 H1N1	1	1	1	
	A / 2012 H3N2	0	0		
	A / no subtype	0	0		
	B / Yamagata	0	0		
	B / Victoria	0	0		
	B / no lineage	0	0		
New Castle County	A / 2009 H1N1	1	1	1	100%
	A / 2012 H3N2	0	0		
	A / no subtype	0	0		
	B / Yamagata	0	0		
	B / Victoria	0	0		
	B / no lineage	0	0		
Kent County	A / 2009 H1N1	0	0	0	0
	A / 2012 H3N2	0	0		
	A / no subtype	0	0		
	B / Yamagata	0	0		
	B / Victoria	0	0		
	B / no lineage	0	0		
Sussex County	A / 2009 H1N1	0	0	0	0
	A / 2012 H3N2	0	0		
	A / no subtype	0	0		
	B / Yamagata	0	0		
	B / Victoria	0	0		
	B / no lineage	0	0		

**Table 1b. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by age group, Delaware 2015-16**

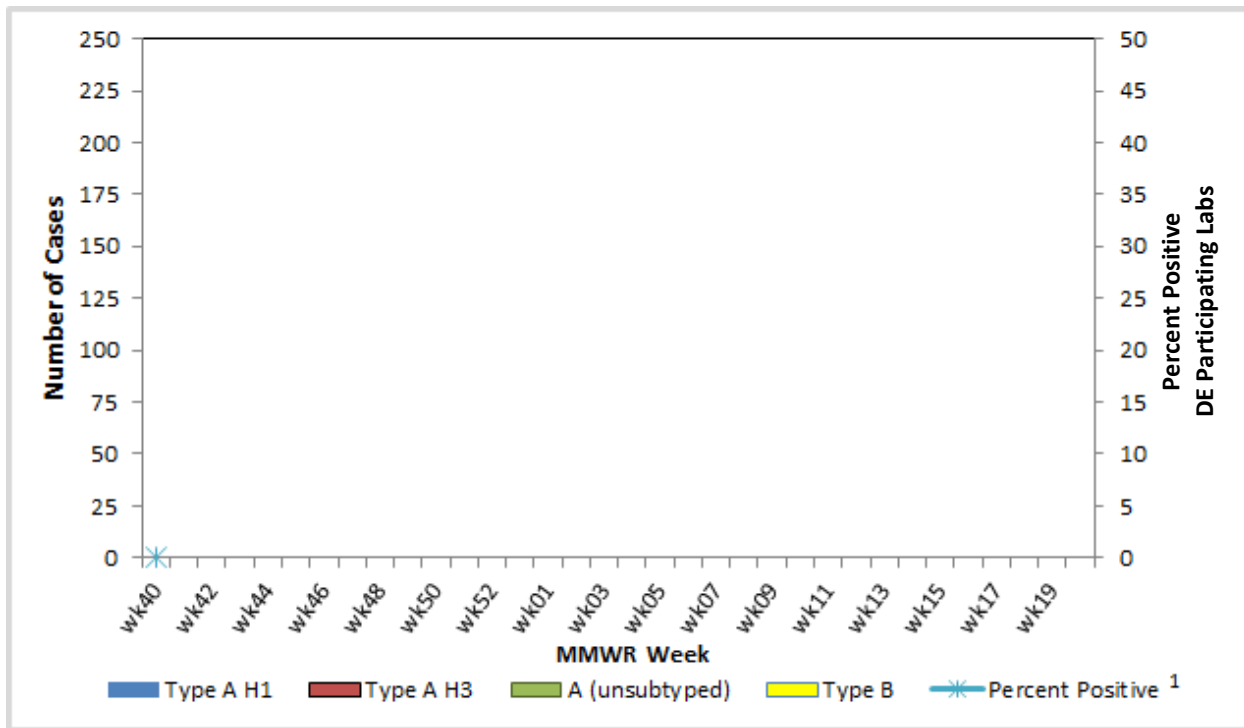
Confirmed Flu Cases by Age Group		Week 40	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	0	0	1	
	5-24 years	0	0		
	25-49 years	1	1		
	50-64 years	0	0		
	65+ years	0	0		
New Castle County	0-4 years	0	0	1	100%
	5-24 years	0	0		
	25-49 years	1	1		
	50-64 years	0	0		
	65+ years	0	0		
Kent County	0-4 years	0	0	0	0
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		
Sussex County	0-4 years	0	0	0	0
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		

<sup>1</sup> Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

<sup>2</sup> Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

<sup>3</sup> The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, those influenza cases will be categorized as Influenza B, no lineage identified.

Figure 1. Confirmed cases<sup>1</sup> of influenza by type and subtype/lineage, Delaware 2015-16\*



<sup>1</sup> Based on patients with positive nucleic acid or viral culture test results reported to the Delaware Division of Public Health.

Table 2. Influenza-related hospitalizations statewide and county, by age group, Delaware 2015-16

Hospitalized Flu Cases by Age Group		Week 40	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	0	0	0	
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		
New Castle County	0-4 years	0	0	0	0
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		
Kent County	0-4 years	0	0	0	0
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		
Sussex County	0-4 years	0	0	0	0
	5-24 years	0	0		
	25-49 years	0	0		
	50-64 years	0	0		
	65+ years	0	0		

Table 3. Influenza-related deaths, Delaware 2015-16

Influenza-Related Deaths	Week 40	YTD
	0	0

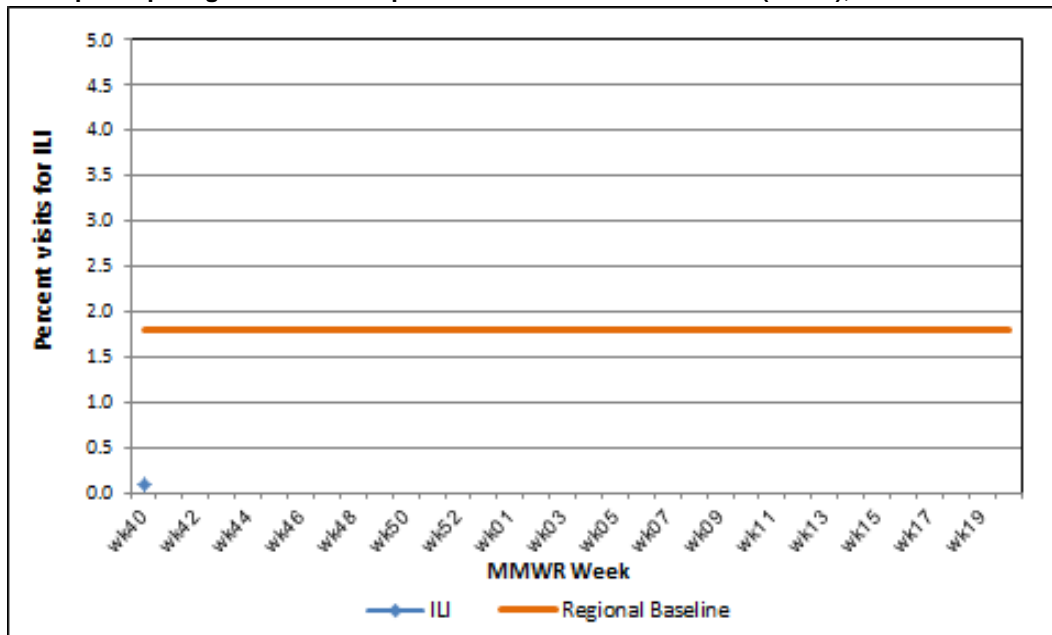
**Table 4. Annual number of influenza cases reported by flu season, Delaware 2004-05 through 2015-16**

Influenza Season	Total Annual Influenza Cases
2004 – 2005	995
2005 – 2006	541
2006 – 2007	508
2007 – 2008	1,401
2008 – 2009	738
2009 – 2010	2,247
2010 – 2011	1,479
2011 – 2012	267
2012 – 2013	1,781
2013 – 2014	1,842
2014 – 2015	2,390
<b>2015 – 2016 (YTD)</b>	<b>1</b>

**U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers**

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.

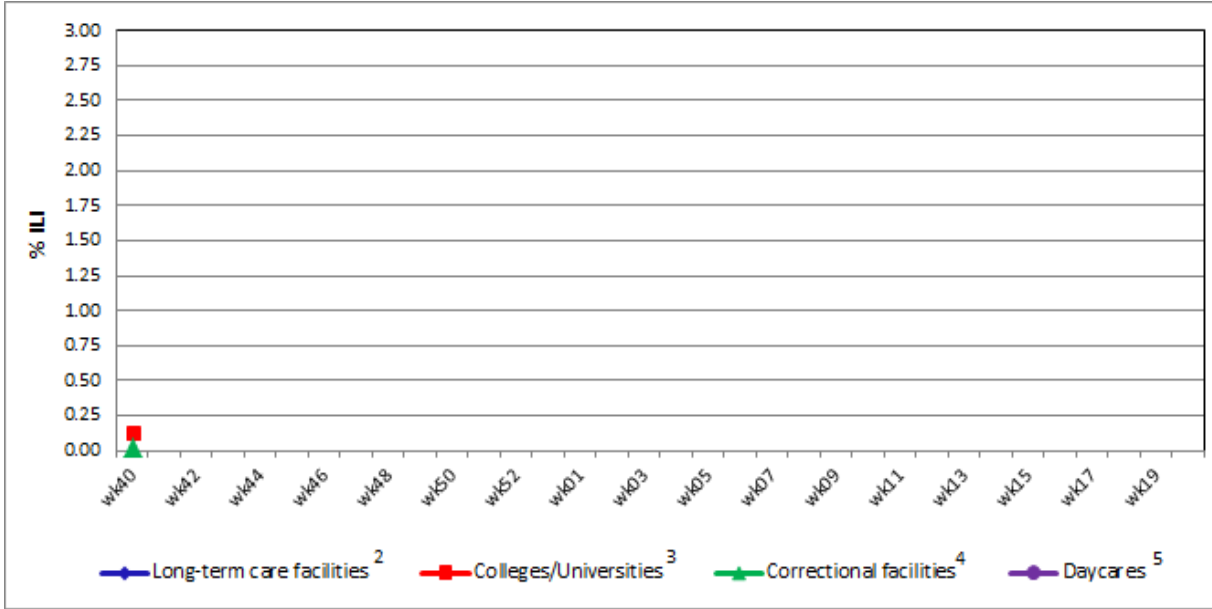
**Figure 2. Percentage of visits for influenza-like illness reported by sentinel providers<sup>1</sup> participating in the U.S. Outpatient ILI Surveillance Network (ILINet), Delaware 2015-16**



<sup>1</sup> Nine of 18 sentinel providers reported.

<sup>2</sup> Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is in Region 3 that includes DE, DC, MD, PA, VA and WV.

**Figure 3. Influenza-like illness reported by influenza surveillance ILI reporting partners<sup>1</sup>, Delaware 2015-16**



<sup>1</sup> ILINet reporting partners include long-term care facilities, colleges / universities, correctional facilities and daycare facilities. Federally qualified health centers are now CDC ILINet sentinel providers.

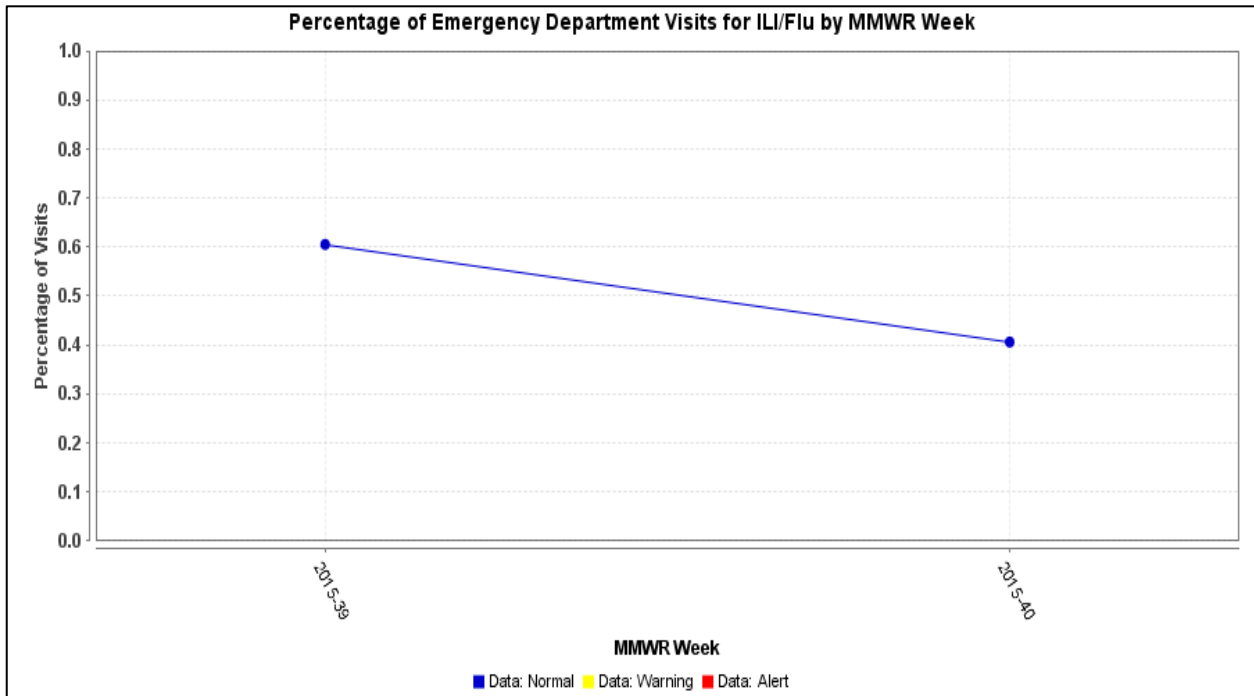
<sup>2</sup> % ILI= percentage of residents with ILI symptoms. Four long-term care facilities reported.

<sup>3</sup> % ILI= percentage of student visits for ILI; Three universities reported.

<sup>4</sup> % ILI= percentage of visits for ILI at the correctional facility; Ten correctional facilities reported.

<sup>5</sup> % ILI= percentage of children absent with ILI; One daycare provider reported.

**Figure 4.**



## **Summary of International Influenza Activity**

In the Northern Hemisphere, influenza activity continued at inter-seasonal levels and other respiratory virus activity continued at low levels. Influenza activity was low in the United States. The most frequently identified influenza virus type reported by public health laboratories in week 40 was influenza A viruses, with influenza A (H3) viruses predominating. In tropical countries of the Americas, Central America and the Caribbean, influenza activity remained at low levels, with the exception of Cuba, where high numbers of severe acute respiratory infections (SARI) were still reported, associated with influenza A(H1N1)pdm09 virus and RSV.

Influenza activity in Europe is low, as is usual for this time of year. In tropical Asia, countries in Southern and South East Asia reported low influenza activity overall except in India and Lao People's Democratic Republic. Influenza activity declined in southern China. In temperate South America, respiratory virus activity decreased or remained low in general. However, ILI activity remained elevated in Chile with increasing influenza A(H1N1)pdm09 detections. In South Africa, influenza activity remained at low levels with influenza type B viruses predominating in recent weeks. In Australia, influenza activity in general seemed to be past the peak except in South Australia where it continued to rise with predominantly influenza B virus followed by influenza A(H3N2) virus detections.

**Reference:** World Health Organization (WHO), 2015. Influenza Update number 247 (10/5/15). Retrieved on October 15, 2015, from [http://www.who.int/influenza/surveillance\\_monitoring/updates/latest\\_update\\_GIP\\_surveillance/en/](http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/) Reports are updated biweekly.

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**NOTE:** The data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period due to the following factors:

- Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate, up-to-date influenza data available.

- For general information on influenza, visit [flu.delaware.gov](http://flu.delaware.gov) or <http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html>.
- For specific information on DPH flu clinics, visit <http://dhss.delaware.gov/dhss/dph/fluclinics.html>.
- For questions on Delaware's weekly flu report, call the DPH Office of Infectious Disease Epidemiology: 302-744-4990.
- For questions regarding influenza vaccination, please call 302-744-1060.