

Create An Emergency Preparedness Supply Kit

- Water: (three gallons for each person and extra for pets)
- Three day supply of non-perishable food and pet food as applicable
- Medications & medical supplies
- Assistive technology devices
- Extra clothing & blankets
- Important documents
- Cash or checks
- First aid kit with whistle
- Wipes and garbage bags
- Flashlight with extra batteries
- Chargers for phone & devices
- Power bank for devices
- Paper and pencils/pens
- Pet medical and vaccination records
- Pet collar and ID tag, harness or leash
- Photos of you with your pets

Division of Services for Aging & Adults with Physical Disabilities

My Emergency Preparedness Plan

Name: _____

Date: _____

www.DelawareADRC.com
(800) 223-9074



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Services for Aging and Adults with Physical Disabilities



Local Emergency Management Agency Contact Numbers

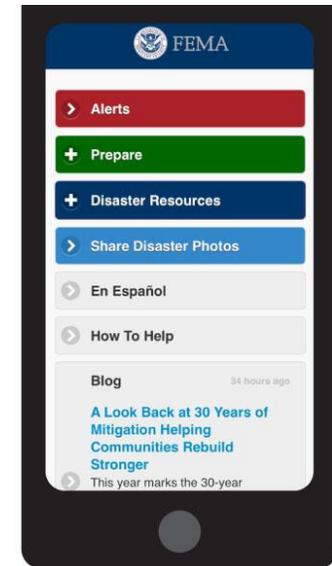
City of Wilmington: (302) 576-3150

New Castle County: (302) 395-2700

Kent County: (302) 735-3461

Sussex County: (302) 855-7801

WEATHER THE STORM
DOWNLOAD THE FEMA APP



Other Resources

<http://preparede.org>

<http://www.ready.gov>

<http://www.redcross.org/prepare/location/home-family/disabilities>

- Ask family, friends, others who you can depend on to be part of your plan. Share each aspect of your plan with everyone in your group. They can check on you and provide you with assistance if an emergency incident occurs. Make sure someone has an extra key to your home and knows where you keep your personal emergency plan, emergency preparedness supply kit and essential items for pets & service animals.
- Maintain a list of important papers you will need. Tell your partner where to find them. Important papers can include your photo id, medical insurance card, insurance policies, bank account number(s), credit card information, birth certificate, marriage certificate and divorce decree.
- It is a good idea to keep your original documents sealed in a waterproof or ziplock bag in a lock box. Make copies, and/or place copies on a portable flash drive.
- Depending on your needs, you may also want to have a medical alert tag or bracelet, or written description(s) of your disability and support needs.

Important Information (Medical Conditions, Major Allergies, Assistive Devices, Transportation Requirements, Dietary Precautions, etc.)

My Preparedness Partner

Name: _____

Home Phone: _____

Cell: _____

Email: _____

Do you also have an out-of-state relative or friend who may not be impacted by the same emergency who can help you if necessary?

Name: _____

Home Phone: _____

Cell: _____

Email: _____

Tips for a Natural Disaster

- Close and lock windows & doors
- Stay tuned to local news and social media
- Move valuables away from windows, wrap in bags to keep dry
- Fill sinks and bathtubs with water for bathing, washing clothes or flushing the toilet
- Bring in indoor objects that might fly around, like trash cans and patio furniture
- Review insurance policy details for disaster coverage, deductibles, reimbursements and how repairs will be handled

